

Impact & outcomes at a glance 2025-2026



4,416

sessions delivered

1,065

contact points through
our community drop-ins

543

young people received
one-to-one support

20

young people actively
engaged through
gym memberships

43

young people
registered for
gym groups

1,563

contact points through our
youth work outreach team

683

contact points
through community
events

658

young people
engaged in
workshops

3

open access
drop-ins running
each week

5

targeted
groups running
each week

3

weekly mental health groups
for 18-25-year-olds

5

new Youth
Ambassadors
inducted

15

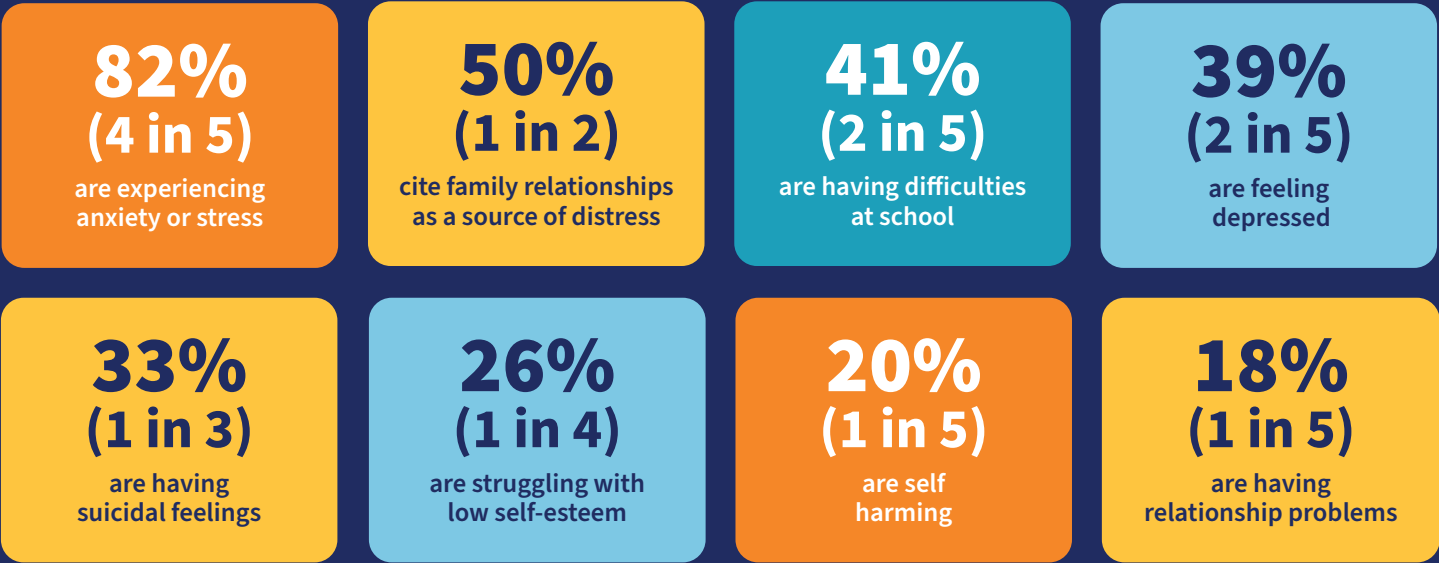
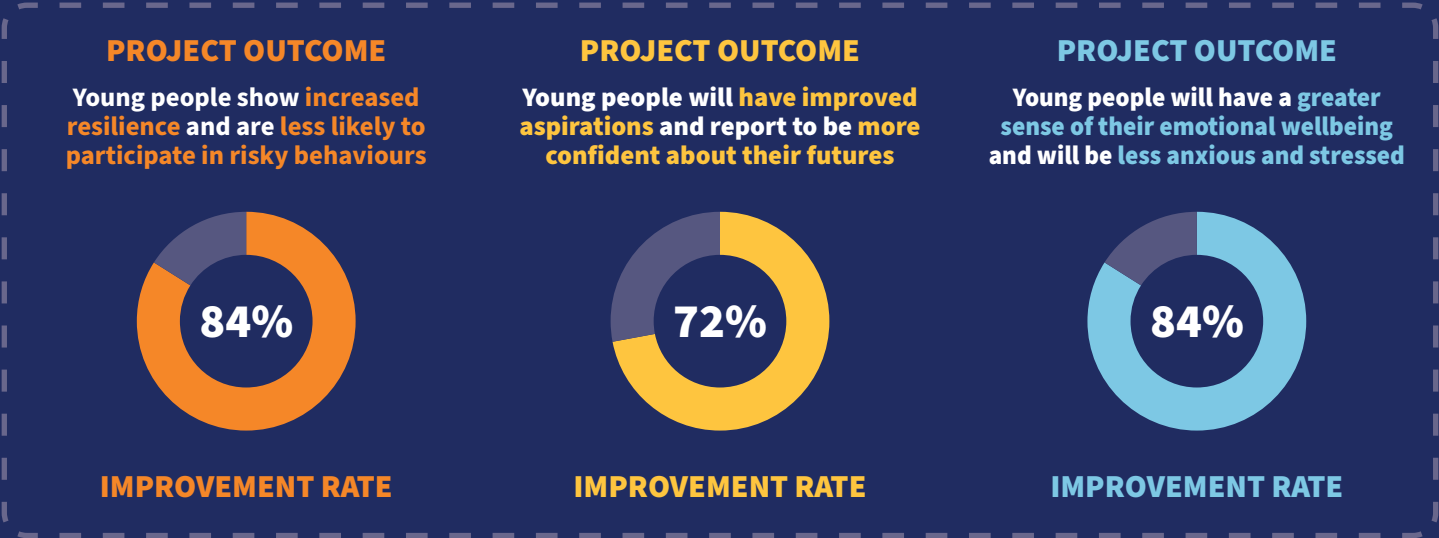
Youth
Ambassadors in
total for the year

6

new Junior Youth
Workers trained and
supporting young people



Based on our assessment data, young people coming to TAB are dealing with a wide range of serious and often hidden challenges:



Age of clients on 31st Dec 2025 543 clients seen during financial year starting 2025

